

# Tuna Salad Sandwich

Meal Components: Vegetable, Grains, Meat / Meat Alternate

Sandwiches, F-08

Ingredients	50 Servings		100 Servings		Directions
	Weight	Measure	Weight	Measure	
Canned chunk style, water packed tuna, chilled	8 lb 5 oz	1 gal 2 qt (2 66 1/2 oz cans)	16 lb 10 oz	3 gal (4 66 1/2 oz cans)	1. Drain and flake tuna.  2. Combine tuna, onions, celery, pickle relish, dry mustard, eggs (optional), and salad dressing or mayonnaise. Mix lightly until well blended.
*Fresh onions, chopped	1 lb	2 2/3 cups	2 lb	1 qt 1 1/3 cups	
*Fresh celery, chilled, chopped	2 lb	1 qt 3 1/2 cups	4 lb	3 qt 3 cups	
Sweet pickle relish, undrained	8 3/4 oz	1 cup	1 lb 1 1/2 oz	2 cups	
Dry mustard		1 1/2 tsp		1 Tbsp	
Fresh large eggs, hard cooked, peeled, chilled, chopped (optional)		8 each		16 each	
Reduced calorie salad dressing	2 lb 11 oz	1 qt 1 1/2 cups	5 lb 6 oz	2 qt 3 cups	
OR	OR	OR	OR	OR	
Lowfat mayonnaise	2 lb 11 oz	1 qt 1 1/2 cups	5 lb 6 oz	2 qt 3 cups	

3. CCP: Cool to 41° F or lower within 4 hours.

\*Whole grain-rich bread (0.9 oz per slice)      5 lb 10 oz      100 slices      11 lb 4 oz      200 slices

4. Portion with No. 8 scoop (½ cup) on 1 slice of bread. Top with second slice of bread. Cut each sandwich diagonally in half. Cover. Refrigerate until service.

**Notes**

Comments:  
\*See Marketing Guide.

**A new nutrient analysis will be coming.  
Updated July 2014. Restandardization in progress.**

**Marketing Guide**

<b>Food as Purchased for</b>	<b>50 Servings</b>	<b>50 Servings</b>
Mature onions	1 lb 3 oz	2 lb 6 oz
Celery	2 lb 7 oz	4 lb 14 oz
Whole grain-rich bread, sliced	3 ¼ sandwich loaves (2 lb each)	6 ½ sandwich loaves (2 lb each)

Serving	Yield	Volume
1 sandwich provides 2 1/2 oz equivalent meat, 1/8 cup other vegetable and 1 3/4 oz equivalent grains.	<b>50 Servings:</b> about 12 lb 6 oz (filling); 18 lb	<b>50 Servings:</b> about 1 gallon 2 quarts (filling); 50 sandwiches
	<b>100 Servings:</b> about 24 lb 12 oz (filling); 36 lb	<b>100 Servings:</b> about 3 gallons (filling); 100 sandwiches

portion sizes

1-2 year olds 1/4 cup on half a sandwich  
credits 1.25 oz M/MA and .87 oz grain

3-5 year olds 3/8 cup on half a sandwich  
credits 1.87 oz M/MA and .87 oz grain

TC 11-30-2016