



H.E.L.P Center
201 E Harrison
664-2562
CACFP PROVIDER NEWS
June 2017



Save the Date

CDA Training
9/23/2017

Lewiston Training
8/19/2017

Guidance on Grains

For Breakfast: A meat/meat alt. can be offered in place of grain up to 3 times per week, the serving size is oz per oz .

The exceptions are:

2 oz of yogurt or cottage cheese = 1 oz of grain

2 TBSP of peanut butter = 1 oz of grain

Field Trips, Outings & Closures

Email, Text or Call

If you are going to be away.
For any outing.

Email address
CACFP@stvincentdepaulcda.org

Call 208-664-2562

Deanna Jeffres: 208-755-9042

Tina Clifton: 208-755-4235

Carol Blessing : 208-987-0045

Summer Time Activities

- Enjoy a playground near by
- Walk to the store or library
- Run through the garden sprinkler
- Make up a relay or game
- Have a picnic in the yard
- Plan an outing
- Play with bubbles

